TIPS TO CREATE AN INCLUSIVE LOCKER ROOM

- **Learn Current Terminology**
  - Be conscious of your language choices
  - Use non-gendered language like Y'all

- **Don't Assume**

- **Mirroring Language**
  - Use the language of the person you're speaking with.
  - This goes for pronouns (how people refer to themselves) as well as sexual identity (like a woman who uses the term “gay” instead of “lesbian”)

- **Act as though you have an LGBTQ+ person on your team**

- **Make your position clear**
  - It's not enough just to say, “we accept everyone.” Say the word LGBTQ+. Specifically call out that homophobia and transphobia is not allowed

- **Meet with Team Leaders**
  - Empower your team leaders so they can be positive role models when you are not around

- **Interrupt and Intervene**
  - If you are present and do not intervene, your silence will be approval of that behaviour and language.
  - Simply say, “hey – we're better than that” or “we don’t use that language on our team”

- **Show your Support 24/7, 365**

- **Be sensitive if someone comes out to you**

- **Be Fair**
  - Treat all your athletes the same, regardless of sexuality, gender identity, or gender expression

- **Respect Privacy**

- **Know your resources**